My name is Immachulet Naduckui.

Age: 12
Lives in: Lokwakaromoe, Uganda

I am in fourth grade at Lokwakaromoe II Primary School (an MCC-supported school). I am the only girl in my family, but I have three brothers. My mother wants me to go to school during the day and help her at night. At school, I like to play netball. (It’s kind of like basketball.)

At home I help my mother wash our clothes and cook. To do that, we need water. I walk to the water pump that all my neighbors use and fill the water container. It holds five liters (more than one gallon). I just learned to carry it on my head last year. It is heavy. I put a rolled cloth under the container to help me balance it.

I am part of the Ik ethnic group. Ik families farm and raise bees for honey. Sometimes we have festivals. They are fun because people are happy, and the children play with each other.

My favorite food: biscuits
My favorite class: Christian religious education
What I want to be: a nurse

Carrying water

Around the world, Immachulet and other girls carry water for drinking, cooking, washing and bathing. Fill a bucket with water. How far can you carry it across your yard? How many trips do you think you would need to make to have the water your family needs each day?

Want to do more? Track how your family uses water. Decide together how to make this work. How much water does your family use for drinking and for cooking? Did your family wash clothes, run the dishwasher, water your lawn or use water in other ways? How many times did the toilet flush? How many minutes did water run for showers or a bath?