

Ep 32 - Giving our best: Generosity, specificity and riding the roller coaster with the Material Resources team

Discussion Questions:

1. **Change perspective:** Was there something in this episode that gave you a new perspective on relief aid or more broadly, how to help someone in need? Have you ever gotten feedback on ways that you have tried to help another, and had to try and absorb that feedback to refine and tweak efforts?
2. **Change relationships:** Share about a time when you “gave your best” – or received someone else’s ‘best’ – that changed a relationship for you.
3. **Change systems:** The third layer is system change. We heard about feeding the hungry in this episode. What can you and your friends, church, community do about global hunger?
4. What Bible passages can you think of that might have something to say about the topics covered in this podcast?

Resources and Next Steps

Donate toward a relief kit:

<https://mcc.org/get-involved/giving/designations/kits-and-comforters>

Petition from Canadian Foodgrains Bank (CFGB):

<https://foodgrainsbank.ca/postcard/>

A major driver of crisis requiring material resources responses, is climate change. Sign this petition so our government will respond fairly and adequately:

<https://mcc.org/campaign/support-fair-canadian-response-climate-change-0>

Be Inspired

Listen back Ep 10 of Undercurrents where a young girl receiving an MCC kit has her life changed forever. <https://mcc.org/our-stories/undercurrents-giving-giftsreceiving-gifts>

