



MCC Giving Calendar Give the gift of food

Day 1

Hurricanes destroy crops in countries like Haiti and Cuba. MCC provides families with seeds to replant their gardens. **Give a dime** for each veggie that you eat today.

Day 2

Do you like to eat snacks? **Give a nickel** for each snack that you eat today.



Day 3

Give two dimes to help farmers in Kenya learn to conserve water to improve their harvests.



Day 4

According to the Food and Agriculture Organization, about one person out of 11 around the world does not have enough food to lead a healthy life. **Give a quarter** to help.

Day 5

Read Genesis 18:1-8 and **give 5 cents** for each food Abraham and Sarah give to their guests.

Day 6

By giving to MCC, you support a health program that provides nutritious meals for school students in Burundi. **Give 20 cents.**

Day 7

Plan a healthy meal for your family and ask an adult to help you prepare it. **Give 30 cents** to share food with others through MCC.



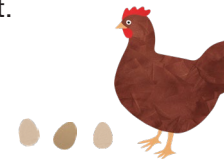
Day 8

What is your favorite kind of bread? Children in Ethiopia eat injera, and children in Mexico eat tortillas. **Give a quarter** for each piece of bread that you eat today.



Day 9

Give 20 cents to help MCC support a group in Colombia that provides families with chickens for eggs and meat.



Day 10

MCC shares staple foods like flour and beans with people after disasters. **Give 5 cents** for each food that you ate today made with flour, beans, oil or salt.

Day 11

What is your favorite food? Find out how many ingredients are used to make it and **give two pennies** for each ingredient.

Day 12

Visit a farm or a garden (or look at books or pictures) to learn more about how food is grown. **Give 30 cents** today to help a farmer feed their family.

Day 13

MCC has a canning truck where, each year, volunteers prepare hundreds of thousands of pounds of canned meat for hungry families around the world. **Give five nickels.**

Day 14

Give a quarter to help families in Bangladesh grow vegetables in floating gardens.



Day 15

Better lunches equal better learning. **Give two nickels** to support school lunch programs through MCC.



Day 16

Read Genesis 1:29 and offer thanks to God for giving us food! **Give a quarter.**



Day 17

MCC supports clinics in the Democratic Republic of the Congo that help children who don't get enough food. **Give three dimes** to support children's nutrition.

Day 18

Think about what you ate for breakfast today. What types of food did your breakfast include? **Give a nickel** for each different type.

Day 19

In Acts 2:46, we read how early Christians broke bread together and ate "with glad and generous hearts." **Give two dimes** with a glad and generous heart.



Day 20

Give 15 cents to provide food for families affected by years of war and economic crisis in Syria.

Day 21

Vegetables are an excellent source of nutrients. Eat a vegetable and then **give 25 cents.**



Day 22

In the U.S., nearly one in seven people struggle with hunger. **Give a dime** for every meal that you will eat tomorrow.

Day 23

In Cambodia, your gift helps to plant fruit trees so that families have fruit to eat. Look out a window and **give one penny** for each tree that you see.



Day 24

MCC gives families in Uganda chicks to raise for eggs. **Give a nickel** for each egg in your fridge.



Day 25

You can help people in Burkina Faso learn about health. **Give 10 cents** to support nutrition programs.

Day 26

"So, whether you eat or drink, or whatever you do, do everything for the glory of God" (1 Corinthians 10:31). Give glory to God by **giving a dime.**

Day 27

Give 15 cents to help families in Rwanda raise goats so that they have milk to drink and manure for their crops.



Day 28

Read 1 Samuel 25:18, where Abigail makes food for David and his men to make peace after her husband offends David. **Give 3 cents** for each food listed.

Day 29

Sometimes parents don't have enough money to buy the food that their family needs. **Give two dimes** to help.

Day 30

Make a snack and share it with a friend. Give thanks for your food and **give a quarter** to share food with someone else through MCC.

Thank you for collecting coins for My Coins Count.
We can make a difference in the world through MCC!
mcc.org/my-coins-count

*All Bible verses are from the
New Revised Standard Version.*