

RELIEF KIT



CONTENTS (NEW items only)

- 4 large bars bath soap** (in wrapping)
- 1 plastic bottle shampoo** (380–710 ml / 13–24 oz; place bottle in a re-sealable plastic bag)
- 4 large bars laundry soap** (some stores carry Fels Naptha®, Sunlight® or Zote® brands)
- 1 squeeze-tube toothpaste** (minimum 130 ml / 6 oz; leave in box)
- 4 adult-size toothbrushes** (leave in packaging)
- 4 bath towels** (medium weight, dark or bright colors)
- 2 wide tooth combs** (15–20 cm / 6–8")
- 1 fingernail clipper**
- 1 box adhesive bandages** (minimum 40, assorted)
- 1 package sanitary pads** (18–24 thin maxi)

For information and drop-off locations: mcc.org/kits
In Canada (888) 622-6337 In the U.S. (877) 517-5673

NEWBORN KIT



CONTENTS (NEW items only)

- 2 gowns/sleepers** (flannel or similar warm, soft fabric)
- 2 undershirts/onesies** (short or long sleeves)
- 4 cloth diapers** (flat-fold preferred)
- 1 receiving blanket** (light weight fleece or flannel; minimum 92 cm / 36")
- 4 safety pins** (5 cm / 2")
- 1 large bar Dove® soap** (in wrapper)
- 1 pair of socks**
- 1 cap**

Note: Size 3-9 months. Purchased or hand-sewn items.

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AIDS CARE KIT



CONTENTS (NEW items only)

- 1 bar bath soap** (110–140 g / 4–5 oz; in wrapper)
- 1 bath towel** (medium weight, bright color)
- 1 washcloth** (bright color)
- 2 flat bed sheets** (twin-size)
- 2 pillowcases** (standard size)
- 2 yards fabric** (poly-cotton, bright color)
- 1 pair rubber gloves** (large size, for household cleaning)
- 1 container petroleum jelly** (approx. 368 g / 13 oz; sealed in plastic bag)
- 1 container medicated body powder** (ie. Gold Bond; approx. 283 g / 10 oz)
- \$100** to purchase medicines and Bibles for people with AIDS, to train volunteers in basic home health care, and to provide food and travel allowances for volunteers. (Check payable to "MCC – AIDS Care Kit")

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SEWING KIT



CONTENTS (NEW items only)

- 1 metric fabric tape measure**
- 2 spools dual use white thread** (cotton/polyester, minimum 273 m / 300 yards each)
- 2 spools dual use black thread** (cotton/polyester, minimum 273 m / 300 yards each)
- 1 thimble** (medium size)
- 1 dressmaker's scissors** (good quality)
- 1 pkg. needles** (approx. 25)
- 1 pkg. straight pins** (approx. 100)
- 1 pkg. hooks and eyes** (approx. 12)
- 1 pkg. sew on snaps** (approx. 20-25)
- 10 assorted safety pins**

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HEALTH KIT



CONTENTS (NEW items only)

- 1 toothbrush** (adult size; in wrapper)
- 1 squeeze-tube toothpaste** (minimum 130 ml / 6 oz; leave in box)
- 1 large bar bath soap**
- 1 fingernail clipper**
- 1 hand towel** (larger than fingertip; dark color)

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SCHOOL KIT



CONTENTS (NEW items only)

- 4 spiral or perforated notebooks** (about 21.5 cm x 27 cm / 8.5" x 10.5" 140 pages in Canada / 70 sheets in U.S.)
- 4 unsharpened pencils**
- 1 ruler** (flat, flexible plastic; indicating 30 cm and 12")
- 12 colored pencils** (in packaging)
- 1 large pencil eraser**

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Mennonite Central Committee

KIT SHOPPING LISTS



Please limit your generosity to the items listed.

School, sewing, health and AIDS care kits are distributed in cloth drawstring bags. You may sew the bag yourself, request bags from an MCC collection center or donate contents that we will place in a bag. For bag-making instructions and collection centers: mcc.org/kits.

**Deliver completed kits to an MCC collection center.
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